



*"People at Carebridge became family to me."*

*~ Linda, Family Member,  
Seniors Services*



**What is Assisted Living?**

Assisted living program is a publicly-funded community-based healthcare service that provides eligible seniors with the personal support needed to allow them to continue living on their own or with an informal caregiver at home for as long as possible.

The Assisted Living program offered by Carebridge Community Support helps bring peace of mind to individuals and their families by delivering personal support services where and when needed – anytime – day, evening or overnight.



**Carebridge Seniors' Services**

We support seniors to live healthy, active lives, both at home and in our local communities. We believe in age-friendly communities that welcome seniors and their many contributions. Carebridge offers a full range of programs and services for our older friends, neighbours and family members, from personal care to outings and gatherings.

To find out more about our services for seniors, call our Home Support office at 613 256-4700 or email [info@carebridge.ca](mailto:info@carebridge.ca)

*Caring Connects Us*  
**[carebridge.ca](http://carebridge.ca)**

**Carebridge Community Support Corporation**

67 Industrial Drive, PO Box 610

Charitable Registration # 128791696RR0001

**Seniors' Services**

Discover the North Lanark Assisted Living Program



*Caring Connects Us*  
**[carebridge.ca](http://carebridge.ca)**

## Seniors' Services

### Assisted Living

*Assisted Living Services are provided within Mississippi Mills, the Town of Carleton Place and proximity.*

### Who can participate in the Assisted Living program?

---

Services are available to persons over the age of 65 living with frailty and chronic conditions who:

- *Live in their own home or within a residential setting such as an apartment: but cannot live safely with current supports.*
- *Demonstrate a need for daily access to personal support services throughout 24 hours. (May or may not require homemaking services).*
- *Can direct their care or have a substitute decision-maker or a live-in caregiver to direct care.*
- *Can communicate their needs (with or without aids).*
- *Are medically stable (medical and professional needs can be met by Home and Community Care Access Services, family physician or other community providers).*
- *Pose no risk to themselves or others.*

### How are persons referred and admitted to Assisted Living Services?

---

Priority will be given to:

- *Hospitalized high-risk seniors.*
- *Clients in long-term care that could live at home with assistance.*

- *High-risk seniors in the community in need of a higher level of care and who are at risk of hospitalization or admission to long-term care.*
- *High-risk seniors who frequent emergency room and hospital services.*

### What services are provided?

---

Assisted Living focuses on activities of daily living that the person can no longer do or finds challenging:

- *Personal care*
- *Meal preparation*
- *Medication assists/reminders*
- *Homemaking services*
- *Safety and reassurance checks (via phone or in-person)*
- *24-hour urgent response*
- *Short escorted walks*
- *Social contact*

### What is the Respite Care Program?

---

Respite Care provides a fee-for-service program to seniors who do not qualify for services through Home and Community Care Access Services. Respite care operates in Almonte, Carleton Place, Lanark and Pakenham from 8 am to 3 pm, Mondays – Fridays and includes:

- *Assistance with personal care, such as bathing, grooming, dressing and exercise programs*
- *Assistance with meal planning and preparation*
- *Supportive Care through companionship, motivational activities and socialization*
- *Assistance with household management, such as laundry and light housekeeping*
- *Respite care to provide relief for family caregivers services*

### What is the cost involved for the Respite Care Program?

---

The cost is \$10.00 per hour. The program allows for 1 to 3 hours maximum per week.

Learn more about Assisted Living and Respite Care programs, call us at 613 256-1031 ext. 236 or 245

